

# How To Sew A FACE MASK USING HEADBANDS

HOMEMADEGINGER.COM

## MATERIALS:

**Fabric** - 2 rectangles per mask in different colors or patterns  
(7X9 for a small mask, 7X10.5 for a large mask)

**Elastic Headbands**

**Pins**

**Rotary Cutter or Scissors**

**Thread**

**PDF Printable of Pattern**

1. Cut 2 rectangles the size that you need for your mask.

for a small/medium mask, cut your rectangle to be approximately 7X9, for a large mask - it needs to be 7 X 10.5.

2. Cut the elastic headband into two pieces to the length that you need.

For a small/medium mask, the elastic needs to be about 5.5-6 inches. For a larger mask, make it about 6.5 inches.

3. Put the fabric, right sides together, and sandwich the elastic along the shorter edges.

Don't put the elastic all the way to the corner, this makes it more difficult to sew later. Make it reach about 1/2 inch from the corner and pin. Bring the other side of the elastic up to the opposite corner and pin.

So your elastic should be sandwiched in between the two pieces of fabric. Repeat this step on the other side.

4. Pin the rest of the fabric together

5. Sew around the rectangle, leaving a 2 inch opening along one of the long sides.

You can make your seam as big or small as you want. I made mine about 1/2 inch.

Go over the elastic a few times with the sewing machine to ensure that the seam is strong enough to hold it.

6. Turn the mask right side out and stitch together the opening.

Use a pencil or pointed object to poke out the corners.

7. Stitch together the opening.

8. Make 2 pleats along the shorter ends of the mask.

This doesn't have to be exact, but you want to fold of the fabric and pin to create 2 pleats.

9. Now, make two very small pleats along the top and bottom of the mask.

Creating the pleats along the top and bottom, allow the mask to fit more snugly around your nose and chin.

10. Topstitch 2 times around the sides of the mask, and you are finished.

